Onlife Sync™ Makes Wellness Count



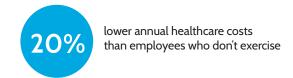


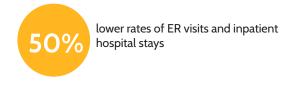
won't grow stale.

Exercise. It's the best way to improve health and control healthcare costs. Our three-year study, which included 5,500 employees, found that moderate exercisers* experience:

Onlife Health is a comprehensive wellness solutions provider for health plans and large employers nationwide. Onlife serves over 10 million members and, with 20 years of industry experience, we understand that it pays to get members moving.

Onlife Sync™ lets members pick from 80+ popular fitness-tracking devices and mobile apps from some of the most popular brands such as Fitbit®, Garmin®, Jawbone[®], and more. In fact, we're adding more all the time so employees stay engaged and your program





Onlife Sync™ automatically pulls members' fitness data and securely shares it across our incentive, coaching, and reporting platforms, so our programs are easy for members to use, and produce better results.











and many more...

Contact us today to see how Onlife Sync™ can help engage and motivate your population toward sustainable and healthy lifestyle improvements.

1.888.676.3975 engage@onlifehealth.com